



Scan Me



bit.ly/NCSvcaa

To Join Activities:
bit.ly/VCAAzoom2

Meeting ID:
905 123 5932
Passcode: 3636

Join by phone:
1-301-715-8592;
905-123-5932#; #;
3636#

Programs will be held on this platform unless otherwise noted.



February

2024
VCAA
SPECIAL
EVENTS



2/1

11 A.M.-12:30 P.M.

TRIVIA

2/2

11:45 A.M. - 12:45 P.M.

COMPUTER SKILLS

2/6

9-10 A.M.

TECH TUESDAY

2/6

10:15 - 11:15 A.M.

ARTS FOR THE AGING:
MOVING WITH THE WORLD

2/7

1-2 P.M.

TRIVIA

2/8

8:30-9:30 A.M.

ARTIST COOKBOOK

2/13

10:15 A.M. - 11:15 A.M.

NUTRITION TIPS AND BENEFITS

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request.

For more information, call 703-324-4600, TTY 711.

10/2022 A Fairfax County, V.A. publication



February

2024
VCAA SPECIAL
EVENTS



2/14

1-2 P.M.

**MUSIC LOVERS UNITE: SONGS FOR
VALENTINES DAY**

2/15

2-3 P.M.

GROWING FRUIT TREES IN ARLINGTON

2/21

1-2 P.M.

VIRTUAL TRAVEL: ACROSS THE USA

2/22

10-11:30 A.M.

PAINT & SIP

2/27

10:15-11:15 A.M.

**NAMI PRESENTS: MENTAL HEALTH 101 FOR
OLDER ADULTS**

2/28

1-2 P.M.

**MUSIC LOVERS UNITE: SONGS BY
MICHEAL JACKSON**

2/29

3-4 P.M.

**BILINGUAL TRIVIA IN SPANISH AND
ENGLISH**